



BABY PRODUCT GURU

Feeding Checklist

RECOMMENDED

- Nursing bra x 3
- Breast feeding support pillow
- Breast pads
- Steriliser
- Burping cloth
- Nipple cream
- Bibs x 6
- Bottle x 6 (if bottle feeding)
- Breast milk storage bags / containers
- Bottle brush
- Formula if bottle feeding

OPTIONAL

- Nursing tops
- Breast pump
- Nipple shield (if needed)
- Breast feeding clock
- Bottle drainer
- Bottle warmer
- Formula dispenser (if bottle feeding)
- Soother / dummies (personal choice)

xo Carolyn Webster