

Mother To Be Checklist

RECOMMENDED

☐ Maternity clothes ☐ Casual and evening wear ☐ 3 x maternity bras ☐ Pants extenders ☐ Sleep support pillow ☐ Stretch mark cream

OPTIONAL

2 x sleeping bras (great to use before & after birth)
☐ Maternity swimwear
☐ Nightwear
☐ Maternity briefs
☐ Pregnancy Support Belt
☐ Pregnancy book / journal

xo Carolyn Webster